



OCCUPATIONAL HEALTH NURSES ASSOCIATION OF THE PHILIPPINES (OHNAP), INC.

Continuing Professional Development Committee

Advanced Course in Occupational Safety and Health for Occupational Health Nurses April 19, 2024 to May 25, 2024 8:00am to 5:00pm Online (via Zoom platform)

Rationale

Occupational health nurses constitute a large portion of occupational safety and health (OSH) workforce in the Philippines. The quality nursing care and OSH programs that they implement remain crucial towards the promotion of health and the prevention of accidents and illnesses in the workplace.

This training program aims to develop the competence of OHNs in terms of advancing skills crucial to the provision of quality nursing care among workers and skills necessary in promotion, prevention, management, and rehabilitative aspect of health in the workplace. This training also aims to elevate the OHNs profession, which goes beyond merely on the management illnesses and accidents, but through professional development and management strategies they can apply in their practice.

Target Participants:

- Occupational Health Nurses

Prerequisite/s:

- Must have taken the Basic Occupational Safety and Health (BOSH) Training for Nurses issued by:
 - Occupational Health Nurses Association of the Philippines, Inc.
 - University of the Philippines Manila College of Public Health
 - Safety Training Organization accredited by the Occupational Safety and Health Center authorized to conduct BOSH for Nurses

Target Participants:

- 40 pax

Topics:

Data Presentation in Occupational Health and Safety

The application of the principles of data presentation in order to evaluate relationships and patterns or trends, giving them competitive advantage in identifying factors affecting health and safety, and solving and giving recommendations to address these problems.

Data Privacy Risk Management in Occupational Health

The application of the processes of identifying hazards, analyzing, and evaluating the risks, and taking action to eliminate or control the risks associated with data privacy such as theft or manipulation,



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computer fraud, etc. By utilizing these methods, the OHNs will be able to create a data privacy risk management matrix.

Assessment and Management of Occupational Diseases

The application of principles and methods of evaluating client's health status and its work-relatedness to determine appropriate nursing plan of care and occupational safety and health management in the workplace setting.

Drug-Free Workplace Program

The application of the principles and methods of establishing and managing a drug-free workplace program. This includes the creation of policy, guidelines, and procedures, use of various tools is assessing drugs and other harmful substances use, management and referral of workers who have positive drug test results, and the return-to-work management of workers.

Outbreak Investigation

The application of the principles and methods of outbreak investigation in the workplace. Specifically, it will enable OHNs to identify sources and/or causes of occupational and work-related diseases and to recommend control measures to prevent future occurrences of diseases.

Biological Monitoring and Health Surveillance

The application of the principles and methods of assessing health risks through evaluation of internal dose, achieving estimates of the biologically active burden of the chemical in question. It also aims to enable OHNs to track diseases, injuries, and workplace exposures, identify new and emerging problems in the workplace, provide evidence used to direct intervention and prevention activities, and to monitor the overall impact of OH research.

Task Analysis in Ergonomics

The application and utilization of Rapid Upper Limb Assessment (RULA) and Rapid Entire Body Assessment (REBA) as tools to assess and evaluate the risks of ergonomic hazards associated with workers' respective tasks.

Workplace Sanitation

The application of the principles and methods of workplace sanitation and incorporate them towards the achievement and maintenance of workplace hygiene towards the protection of workers and a healthy and safe workplace.

Counseling in the Workplace

The application of the principles and methods of counselling in addressing various OSH issues in the workplace such as substance abuse, mental health, HIV, tuberculosis, hepatitis B, etc.

Health Promotion and Education in the Workplace



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The application of the principles and methods in developing health promotion and education program in the workplace and to integrating them in OSH programs applicable to the needs of their workers.

Disability Evaluation in Occupational Health and Safety

The application of the principles and methods of disability evaluation to impairments caused by work and how these impairments significantly limit a person's ability to work, quality of life, and increase the risk of mortality compared to the general population.

Occupational Safety and Health Rehabilitation

The application of the principles and methods of occupation rehabilitation to assist workers to an early, healthy, and safe return to meaningful and productive work following work illness or injury.

Demand Management for Occupational Health Nurses

The application of the principles and methods of demand management such as support of individuals in order to evaluate situations in OH nursing practice and to make rational health decisions based on considerations of benefits and risks.

Establishing Occupational Safety and Health Management System

To establish an OSH management system to provide structured management approach to control health and safety risks in the workplace, taking into account the organization's respective structures and process related to the health and safety of operations.

OSH Program Planning

To create a comprehensive OSH program by utilizing various principles and methods of OSH and information gathered in the workplace.

Incident Command System

To establish an incident command system by integrating various organization and OSH structures to match the complexities and demands of single or multiple emergencies and disasters in the workplace.



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PROGRAM OF ACTIVITIES

Day 1 – April 19, 2024 (Friday)		
Time	Topic / Activity	Speaker / Facilitator
7:30am to 8:00am	Registration of participants and Checking of Attendance	Admin/IT Support Facilitator
7:45am to 8:00am	Opening Ceremony Invocation Philippine National Anthem OHNAP Hymn Opening Remarks	Ms. Precy S. Cruz, RN, MAN / Ms. Maria Luz Saloma, RN / Ms. Teresita O. Bilo, RN / Ms. Maria Blanca P. Beltran, RN <i>Facilitator</i> Ms. Mercedes L. Castillo, RN, MPSPA <i>National President, OHNAP</i>
8:00am to 8:15am	House Rules Overview of the 80-hour Program	Ms. Precy S. Cruz, RN, MAN / Ms. Maria Luz Saloma, RN / Ms. Teresita O. Bilo, RN / Ms. Maria Blanca P. Beltran, RN <i>Facilitator</i>
8:15am to 10:00am	Data Presentation in Occupational Health and Safety	Mark Immanuel B. Hubo, RN Associate Medical Manager / Safety Surveillance Specialist, Labcorp Scientific Services and Solutions <i>Speaker</i>
10:00am to 10:15	<i>Breaktime</i>	
10:15am to 12:00noon	Workshop	
12:00noon to 12:45pm	Lunch Break	
12:45 to 1:00pm	Checking of Attendance	<i>Facilitator</i>
1:00pm to 3:00pm	Data Privacy Risk Management in Occupational Health	John Francis L. Faustorilla, DNS Proprietor, J.F. Consulting Solutions <i>Speaker</i>
3:00pm to 3:15pm	<i>Breaktime</i>	
3:15 to 4:50pm	Workshop	
4:50pm to 5:00pm	Speaker/s Evaluation	<i>Facilitator</i>
Day 2 – April 20, 2024 (Saturday)		
7:30am to 8:00am	Registration & Checking of Attendance	Admin/IT Support Facilitator
8:00am to 10:00am	Assessment and Management of Occupational Diseases	Jehremias Martin Florante, MD Senior Occupational Health Officer, OSH Center <i>Speaker</i>
10:00am to 10:15am	<i>Breaktime</i>	
10:15am to 12:00noon	Workshop	



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12:00noon to 12:45pm	Lunch Break	
12:45pm to 1:00pm	Checking of Attendance	<i>Facilitator</i>
1:00pm to 3:00pm	Drug-Free Workplace Program	Reynold Sta. Ana, MD, MOH, FPCOM Senior Occupational Health Officer, OSH Center <i>Speaker</i>
3:00pm to 3:15pm	<i>Breaktime</i>	
3:15pm to 4:50pm	Workshop	
4:50pm to 5:00pm	Speaker/s Evaluation	<i>Facilitator</i>
Day 3 – April 26, 2024 (Friday)		
7:30am to 8:00am	Registration	Admin/IT Support Facilitator
8:00am to 10:00am	Outbreak Investigation	Mark Immanuel B. Hubo, RN Associate Medical Manager / Safety Surveillance Specialist, Labcorp Scientific Services and Solutions <i>Speaker</i>
10:00am to 10:15am	<i>Breaktime</i>	
10:15am to 12:00noon	Workshop	
12:00noon to 12:45pm	Lunch Break	
12:45 to 1:00pm	Checking of Attendance	<i>Facilitator</i>
1:00pm to 3:00pm	Biological Monitoring and Health Surveillance	Anthony Busque, MD <i>Speaker</i>
3:00pm to 3:15pm	<i>Breaktime</i>	
3:15 to 4:50pm	Workshop	
4:50pm to 5:00pm	Speaker/s Evaluation	<i>Facilitator</i>
Day 4 – April 27, 2024 (Saturday)		
7:30am to 8:00am	Registration	Admin/IT Support Facilitator
8:00am to 10:00am	Task Analysis in Ergonomics using the RULA and REBA	Maria Beatriz G. Villanueva, MD, MOH, PhD Division Chief, Health Control Division, OSH Center <i>Speaker</i>
10:00am to 10:15am	<i>Breaktime</i>	
10:15am to 12:00noon	Workshop	
12:00noon to 12:45pm	Lunch Break	
12:45 to 1:00pm	Checking of Attendance	<i>Facilitator</i>
1:00pm to 3:00pm	Workplace Sanitation	Jehremias Martin Florante, MD Senior Occupational Health Officer, OSH Center <i>Speaker</i>
3:00pm to 3:15pm	<i>Breaktime</i>	
3:15 to 4:50pm	Workshop	
4:50pm to 5:00pm	Speaker/s Evaluation	<i>Facilitator</i>
Day 5 – May 3, 2024 (Friday)		



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7:30am to 8:00am	Registration	Admin/IT Support Facilitator
8:00am to 10:00am	Counselling in the Workplace	Dominique Tiongco, RN, MAN Education and Training Division, National Center for Mental Health <i>Speaker</i>
10:00am to 10:15am	<i>Breaktime</i>	
10:15am to 12:00noon	Workshop	
12:00noon to 12:45pm	Lunch Break	
12:45 to 1:00pm	Checking of Attendance	
1:00pm to 3:00pm	Health Promotion in the Workplace	Marilou Renales, MD, MSc, FPCOM <i>Speaker</i>
3:00pm to 3:15pm	<i>Breaktime</i>	
3:15 to 4:50pm	Workshop	
4:50pm to 5:00pm	Speaker/s Evaluation	<i>Facilitator</i>
Day 6 – May 4, 2024 (Saturday)		
7:30am to 8:00am	Registration	Admin/IT Support Facilitator
8:00am to 10:00am	Disability Evaluation in Occupational Health and Safety	Jeruz Castillo, RN, MMPM Employees Compensation Commission Region IV <i>Speaker</i>
10:00am to 10:15am	<i>Breaktime</i>	
10:15am to 12:00noon	Workshop	
12:00noon to 12:45pm	Lunch Break	
12:45 to 1:00pm	Checking of Attendance	<i>Facilitator</i>
1:00pm to 3:00pm	Occupational Safety and Health Rehabilitation	Mark Lester Flores, RN, MMPM Employees Compensation Commission Region VI <i>Speaker</i>
3:00pm to 3:15pm	<i>Breaktime</i>	
3:15 to 4:50pm	Workshop	
4:50pm to 5:00pm	Speaker/s Evaluation	<i>Facilitator</i>
Day 7 – May 17, 2024 (Friday)		
7:30am to 8:00am	Registration	Admin/IT Support Facilitator
8:00am to 10:00am	Demand Management for Occupational Health Nurses	Patrick Darius R. Jeremillos, RN, MOH Global Health Adviser Pilipinas Shell <i>Speaker</i>
10:00am to 10:15am	<i>Breaktime</i>	
10:15am to 12:00noon	Workshop	



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12:00noon to 12:45pm	Lunch Break	
12:45 to 1:00pm	Checking of Attendance	
1:00pm to 3:00pm	Establishing Occupational Safety and Health Management System	Joselito Gapas, MD, MPH First Philippine Holdings Inc. <i>Speaker</i>
3:00pm to 3:15pm	<i>Breaktime</i>	
3:15 to 4:50pm	Workshop	
4:50pm to 5:00pm	Speaker/s Evaluation	<i>Facilitator</i>
Day 8 – May 18, 2024 (Saturday)		
7:30am to 8:00am	Registration	Admin/IT Support Facilitator
8:00am to 10:00am	OSH Program Planning Part I <ul style="list-style-type: none"> ➤ Situational Analysis ➤ Problem Identification ➤ Problem Prioritization 	Paul Michael Hernandez, MD, MOH Associate Professor, Department of Environmental and Occupational Health, College of Public Health, UP Manila <i>Speaker</i>
10:00am to 10:15am	<i>Breaktime</i>	
10:15am to 12:00noon	Workshop	
12:00noon to 12:45pm	Lunch Break	
12:45 to 1:00pm	Checking of Attendance	
1:00pm to 3:00pm	OSH Program Planning Part II <ul style="list-style-type: none"> ➤ Problem tree Analysis ➤ Log Frame Matrix Development 	Paul Michael Hernandez, MD, MOH Associate Professor, Department of Environmental and Occupational Health, College of Public Health, UP Manila <i>Speaker</i>
3:00pm to 3:15pm	<i>Breaktime</i>	
3:15 to 4:50pm	Workshop	
4:50pm to 5:00pm	Speaker/s Evaluation	<i>Facilitator</i>
Day 9 – May 24, 2024 (Friday)		
7:30am to 8:00am	Registration	Admin/IT Support Facilitator
8:00am to 10:00am	Incident Command System	Neilrich Jayson Bachiller, RN, MN Industrial Nurse, Philippine Geothermal Production Company, Inc. <i>Speaker</i>
10:00am to 10:15am	<i>Breaktime</i>	
10:15am to 12:00noon	Workshop	
12:00noon to 12:45pm	Lunch Break	
12:45 to 1:00pm	Checking of Attendance	



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1:00pm to 4:50pm	Continuation of OSH Program Planning Workshop	Paul Michael Hernandez, MD, MOH Associate Professor, Department of Environmental and Occupational Health, College of Public Health, UP Manila <i>Speaker</i>
4:50pm to 5:00pm	Speaker/s Evaluation	<i>Facilitator</i>
Day 10 – May 25, 2024 (Saturday)		
7:30am to 8:00am	Registration	Admin/IT Support <i>Facilitator</i>
8:00am to 9:30am	OSH Program Presentation Group 1	Paul Michael Hernandez, MD, MOH Raymond D. Papa, RN, MOH Mercedes L. Castillo, RN, MPSPA <i>Panel</i>
9:30am to 9:45am	<i>Breaktime</i>	
9:45am to 11:15am	OSH Program Presentation Group 2	
11:15pm to 12:15pm	Lunch Break	
12:15pm to 12:30pm	Checking of Attendance	
12:30pm to 2:00pm	OSH Program Presentation Group 3	Raymond D. Papa, RN, MOH Mercedes L. Castillo, RN, MPSPA <i>Panel</i>
2:00pm to 2:15pm	<i>Breaktime</i>	
2:15pm to 3:45pm	OSH Program Presentation Group 4	
3:45 to 4:00pm	Re-Entry Plan	<i>Facilitator</i>
4:00pm to 4:10pm	Evaluation	
4:10pm to 5:00pm	Closing Ceremony OHNAP Hymn Special Message Overview of the 80-hour Program Presentation of Certificates Closing Remarks	<i>Facilitator</i> Raymond D. Papa, RN, MOH

IT / Administrative Support – Kathleen O. Barrera

Prepared:


RAYMOND D. PAPA, RN, MOH
 Chairperson, CPD Committee



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Date: December 15, 2023